

## ENERGY ANATOMY

<b>Chakra</b>	<b>Organs</b>	<b>Mental, Emotional Issues</b>	<b>Physical Dysfunctions</b>
<b>1</b>	Physical body support Base of spine Legs, bones Feet Rectum Immune System	Physical family and group safety and security Ability to provide for life's necessities Ability to stand up for self Feeling at home Social and familial law and order	Chronic lower back pain Sciatica Varicose veins Rectal tumors/cancer Depression Immune-related disorders
<b>2</b>	Sexual organs Large intestine Lower vertebrae Pelvis Appendix Bladder Hip area	Blame and guilt Money and sex Power and control Creativity Ethics and honor in relationships	Chronic lower back disorders Sciatica OB/GYN problems Pelvic/lower back pain Sexual potency Urinary problems
<b>3</b>	Abdomen Stomach Upper intestines Liver, gallbladder Kidney, pancreas Adrenal glands Spleen Middle spine	Trust Fear and intimidation Self-esteem, self-confidence, and self-respect Care of oneself and others Responsibility for making decisions Sensitivity to criticism Personal honor	Arthritis Gastric or duodenal ulcers Colon/intestinal problems Pancreatitis/diabetes Indigestion, chronic or acute Anorexia or bulimia Liver dysfunction Hepatitis Adrenal dysfunction
<b>4</b>	Heart and circulatory system Lungs Shoulders and arms Ribs/breasts Diaphragm Thymus gland	Love and hatred Resentment and bitterness Grief and anger Self-centeredness Loneliness and commitment Forgiveness and compassion Hope and trust	Congestive heart failure Myocardial infarction (heart attack) Mitral valve prolapse Cardiomegaly Asthma/allergy Lung cancer Bronchial pneumonia Upper back, shoulder Breast cancer

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<b>5</b>	Throat Thyroid Trachea Neck vertebrae Mouth Teeth and gums Esophagus Parathyroid Hypothalamus	Choice and strength of will Personal expression Following one's dream Using personal power to create Addiction Judgment and criticism Faith and knowledge Capacity to make decisions	Raspy throat Chronic sore throat Mouth ulcers Gum difficulties Temporomandibular joint problems Scoliosis Laryngitis Swollen glands Thyroid problems
<b>6</b>	Brain Nervous system Eyes, ears Nose Pineal gland Pituitary gland	Self-evaluation Truth Intellectual abilities Feelings of adequacy Openness to the ideas of others Ability to learn from experience Emotional intelligence	Brain tumor/hemorrhage/stroke Neurological disturbances Blindness/deafness Full spinal difficulties Learning disabilities Seizures
<b>7</b>	Muscular system Skeletal system Skin	Ability to trust life Values, ethics, and courage Humanitarianism Selflessness Ability to see the larger pattern Faith and inspiration Spirituality and devotion	Energetic disorders Mystical depression Chronic exhaustion (not linked to physical disorder) Extreme sensitivities to light, sound, and other environmental factors